



## Boston Area Substance Use Disorder Resources

A brief list of resources for patients with substance use disorder, including detox, outpatient treatment, medication treatment programs, mutual help organizations, and services for active users.

### General Resources

Massachusetts Substance Abuse Hotline 1-800-327-5050

### Detoxification

Provides short term (few days) of medically supervised withdrawal

- Boston Treatment Center 617-247-1001
- Danvers Treatment Center 1-800-323-2224
- Dimmock 617-442-9661
- Highpoint 1-800-922-7703
- STARR 1-800-937-3610

### Outpatient Treatment Options

Outpatient counseling (less than 9 hours per week of services) and Intensive outpatient program (9-19 hours per week)

- Adcare (Boston, Quincy) 617-227-2622
- Arbour (Brookline) 617-390-1320 option 2
- North Suffolk Mental Health (East Boston, Revere, Chelsea) 1-888-294-7802
- West End Clinic (MGH) 617-724-7792 (need MGH PCP)

### Partial Hospital Program

20+ hours per week of services

- Arbour Hospital 617-390-1320 Option 2 to set up an intake
- Bournwood Brookline 617-676-3395 & Woburn 781-932-0649

### Methadone Maintenance

Outpatient long-term treatment with methadone

- Baycove (617) 371-3030
- CSAC Boston 617-318-6480, CSAC Chelsea 617-889-8779
- Habit Opco (Boston, North Shore) 77-637-6237
- North Charles- Cambridge/Somerville 617-661-5700

### Office-Based Opioid Treatment (OBOT)

Buprenorphine (Suboxone)

- Arbour JP (617) 524-1120, Malden (781) 322-1503, Woburn (781) 932-8114
- North Suffolk Mental Health 1-888-294-7802
- Adcare Quincy 617-328-0639
- Addiction Treatment Center of New England 617-254-1271



**MGH Resources**

- West End Clinic (MGH) 617-724-7792
- Bridge Clinic 617-643-8281
- Addition Recovery Management Service (ARMS for ages 14-26)
- Charlestown, Chelsea, and Revere health centers have buprenorphine programs for their patients
- Vivitrol injection clinic through the West End Clinic

**Mutual Help Organization**

Peer support groups such as AA, NA, Smart Recovery

- Boston AA 617-426-9444
- Narcotics Anonymous 1-866-NA-HELP-U
- Smart Recovery 1-866-951-5357

**Harm Reduction Services**

- Overdose education and naloxone distribution
  - MGH Pharmacy has a standing order which means any patient can ask for naloxone and receive it without a prescription
  - Go to <http://prescribetoprevent.org> for great resources and information
- Boston needle exchange: AHOPE 1-800-383-2437, 617-534-3967
- Cambridge needle exchange: 617-599-0246